



## **Alliance Soccer Club Program for 2011-2012 U13 & U14 Teams**

### **FALL 2011 OUTDOOR SEASON**

Training will begin during the 1<sup>st</sup> or 2<sup>nd</sup> complete week of August. Training sessions will be held 3 or 4 times per week, on a combination of weeknights and Saturday mornings. Training sessions usually last an hour and a half.

ASC teams will be entered in the Mid Ohio Select Soccer League (MOSSL). League play begins on the Tuesday after Labor Day. League games are played against other teams in the Greater Columbus area – typically 5 of the games are played at home in Civic Park in Reynoldsburg, and 5 are played at opponents' fields. Games are held on weeknights beginning at either 6:00 PM, and on Saturday afternoons.

Once league games begin, the number of training sessions per week will be reduced. There will typically be 3-4 activities per week, split between games and training.

ASC U13 & U14 teams will participate in up to five tournaments during the fall season – a local pre-season tournament, our own Tomato Cup Soccer Challenge Tournament on September 17-18 in Civic Park, the Fall Ball tournament in Cincinnati, and the MOSSL end of the season tournament. The MOSSL tournament typically takes place during the last weekend of October, with two games on Saturday and one or two games on Sunday. It will take place somewhere in the Greater Columbus area.

### **WINTER INDOOR SEASON**

This team will have a three 1 ½ long training session every week beginning January 7th, 2012 and continuing through and including Saturday, March 11th, 2012. These training sessions will be held in the field house at the Next Level Fitness facility (720 Cross Pointe Rd, Gahanna - just off of Taylor Station Road).

In addition, the team MAY decide to participate in winter indoor league play at one of several facilities located in the area. These leagues typically begin the 2nd week of January, and run through mid-March. This is a completely voluntary activity, and will only take place if there are enough players (and their parents) interested in doing so. The cost of any winter indoor league play is not included in the overall fee, and will be collected separately for the players who are participating.

### **SPRING 2012 OUTDOOR SEASON**

The spring outdoor season closely mirrors the fall outdoor season in terms of the number of weekly activities and the length of the training sessions. Pre-season outdoor training sessions will begin in mid-March, with the season beginning shortly after April 1<sup>st</sup>. A 10-game league season will be played (5 home, 5 away), and the team will participate in up to five tournaments – the MOSSL end of the season tournament, which typically takes place the weekend after Memorial Day, and four additional tournament that will be selected based on the team's competition level. One of these tournaments will be over Memorial Day Weekend. At least two of these additional tournaments will be an out-of-town event somewhere in the state of Ohio.