



Alliance Soccer Club Program for 2010-2011 U12 Boys Team

FALL 2010 OUTDOOR SEASON

Training will begin during the 1st or 2nd complete week of August. Training sessions will be held 3 or 4 times per week, on a combination of weeknights and Saturday mornings. Training sessions usually last an hour and a half.

ASC teams will be entered in the Mid Ohio Select Soccer League (MOSSL). League play begins on the Tuesday after Labor Day. League games are played against other teams in the Greater Columbus area – typically 5 of the games are played at home in Civic Park in Reynoldsburg, and 5 are played at opponents' fields. Games are held on weeknights beginning at either 6:00 PM, and on Saturday afternoons.

Once league games begin, the number of training sessions per week will be reduced. There will typically be 3-4 activities per week, split between games and training.

ASC U12 teams will participate in three tournaments during the fall season – our own Tomato Cup Soccer Challenge Tournament on September 18-19 in Civic Park, and two other tournaments selected based on the team's competitive level. The team will not participate in the MOSSL end-of-the-season tournament. Tournaments will most likely include a pre-season selection and a late season selection, with one of these being an out-of-town event.

WINTER INDOOR SEASON

This team will have two 1.5-hour long training session every week at the Next Level Fitness facility (720 Cross Pointe Rd, Gahanna - just off of Taylor Station Road), for a total of 3 hours of indoor training every week. One session will be on a weeknight, the other on Saturday morning. The team will have the field house facility to themselves during these sessions - it will not be shared with any other ASC team.

This team will not participate in any indoor soccer league during the winter months. The players and the team will realize greater soccer growth by participating in winter indoor training instead of indoor soccer league competition.

SPRING 2011 OUTDOOR SEASON

The spring outdoor season closely mirrors the fall outdoor season in terms of the number of weekly activities and the length of the training sessions. Pre-season outdoor training sessions will begin in mid-March, with the season beginning shortly after April 1st. A 10-game league season will be played (5 home games, 5 away games), and the team will participate in three tournaments – an early- and mid-season tournament, and an event over Memorial Day Weekend. Tournament will be selected based on the team's competitive level. At least one of these tournaments will be an out-of-town event. The team will not participate in the MOSSL end-of-the-season tournament.