

## SEASONS

For those new to competitive soccer, the term “season” is sometimes confusing. For our U9 through U14 teams, our club recognizes three distinct seasons: fall, winter, and spring.

**FALL:** (August 1 – October 31, depending on the game schedule). This competitive season includes early season conditioning, outdoor training, league play, and between 1 to 4 tournaments, depending on the age of the team. Most older teams (U11 and up) will be required to participate in a tournament over the Labor Day Weekend, and will have at least one out-of-town tournament.

**WINTER:** (January 1 – mid-March). U11 and younger teams will have the opportunity to continue training through indoor league play, and Saturday morning training sessions at an indoor facility. U12 and older teams will have weekday evening(s) and Saturday morning training sessions at an indoor facility. Costs for these winter programs are included in the overall fee that will be advertised at try-outs.

**SPRING:** (mid-March – end of May, depending on the game schedule). This competitive season includes early season conditioning, outdoor training, league play, and between 1 to 4 tournaments, depending on the age of the team. Most older teams (U11 and up) will be required to participate in a tournament over the Memorial Day Weekend, and will have at least one out-of-town tournament. Additionally, these same older teams will also participate in the Ohio South State Cup tournament.



## TEAM FORMATION / PLAYER SELECTION

Tryouts are a time when players come and participate in various drills, activities and simulated game play. Try-outs take place over a multiple-day period. Players are evaluated by members of our coaching staff based upon a number of factors (technical and tactical skills, coachability etc.) The staff then reviews the participants and form teams.

Players will be contacted at the earliest time allowed by the Mid Ohio Select Soccer League to either be offered an opportunity to play for ASC, or be notified that a position is currently not available to them.

Within two weeks after the conclusion of an age-group’s tryout, a team/parent organizational meeting will be held to collect deposits, order uniforms, and discuss seasonal plans.

### 2010-2011 TRYOUT SCHEDULE

Born Between	Age Level	Tryout Dates
8/1/01-7/31/03	U8* & U9	MAY 24, 25, 27
8/1/00-7/31/01	U10	MAY 24, 25, 27
8/1/99-7/31/00	U11	JUNE 1, 2, 3, 5
8/1/98-7/31/99	U12	JUNE 1, 2, 3, 5
8/1/97-7/31/98	U13	JUNE 7, 8, 10, 12
8/1/96-7/31/97	U14	JUNE 7, 8, 10, 12
8/1/95-7/31/96	U15	JUNE 7, 8, 10, 12
8/1/94-7/31/95	U16	JUNE 7, 8, 10, 12
8/1/93-7/31/94	U17	JUNE 7, 8, 10, 12
8/1/92-7/31/93	U18	JUNE 7, 8, 10, 12

\*U8 players have the option of participating in the Alliance Soccer Academy program, or trying out for a U9 select team. A small number of U8 players are allowed to be on a U9 select team according to league rules.

Tryout registration begins on weekday evening at 5:30 PM and on Saturdays at 9:30 AM at the concession stand. Tryout begins 1/2 hour after start of registration. Please come prepared with shin guards, soccer shoes, ball and water bottle. Attendance is not required at each session, attending at least two is highly recommended.

**FOR MORE INFORMATION**  
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**ALLIANCE**  
**SOCCER**  
**CLUB**

The mission of **THE ALLIANCE SOCCER CLUB** is to provide boys and girls in and around the Reynoldsburg area the opportunity to develop individual and team soccer skills to their fullest potential through expert training and excellent team competition. Our focus is on total player development in a competitive team environment. The club will address the technical, tactical, physical and psychological components of the game when training to ensure the best experience for each player. We endeavor to help our members develop into outstanding players who will excel in high school, Olympic Development and college programs. The success of the club is seen in the success of its teams in league and tournament competition and by the success of its players at the club, high school and college levels.

### ASC UNDERLYING PRINCIPLES

Statistics show that approximately 70% of youth quit organized sports by U13. Problems center around too much pressure to achieve “winning” results too soon instead of focusing on individual development. At ASC, we are basing our program on best practices and supported fundamental principles as promoted by US Soccer. To that end, this brochure provides some of the underlying and guiding principles followed in our club, based on the age group of our teams

Other important club information is included in this brochure as well, intended to answer many of the most commonly asked questions..

## AGES U9 & U10

- Players will tryout and teams will be formed based upon ability groupings to provide the best developmental environment for all players. We will strive to provide every player with an opportunity to train and play at ASC unless the player clearly exhibits extremely poor skills or behaviors that do not meet some minimum standards.
- It is important to recognize that players develop at different rates. “Average” U9’s can be “superstars” at U14. Our goal is to keep all potentially talented youth players training and playing the game to give them time to explore their capabilities and to realize their potential.
- Coaching is most helpful to a young player’s development by organizing less, saying less, and allowing players to do more.
- Discipline is an important component of ASC soccer. Coaches will demand respect, cooperation, positive attitudes and strong work ethics at every age.
- Soccer development is a process that must be approached with age specific skills and concepts. These are the ages for players to learn technical skills. Their ability to pick up motor skills is high. Their ability to understand tactical skills and positional play is very low.
- Building confidence with the ball is a key ingredient in developing U9’s and U10’s. The more confident players become with the ball, the more they will look to get involved and the more fun they will have.

## AGES U11 – U14

- The primary developmental goal of this age is to continue to improve players’ technical skills and to introduce tactical concepts such as positional and systems of play.
- Focus is on providing a tactical understanding of the game and taking each player through 3-4 systems of play to help prepare them for higher levels of play (ODP, high school, etc.)
- At U11 – U14, players are selected through a tryout process. Each May & June, teams are reselected for a full calendar year (fall and spring seasons). Every year, players must approach the tryouts with an understanding that playing on a team one year does not guarantee a spot the next.
- Coaching at this age centers around helping players become better decision makers within the demands of the game. Soccer is a game of improvisation. It is important that our players, beginning at the earliest of ages, are encouraged and empowered to develop as thoughtful and creative decision makers and are never treated as robotic machines that simply carry out specific coaching instructions.
- Emphasis is placed on developing strong bodies and minds to be able to physically and mentally overpower our opponents. We will strive to develop a winning mental attitude and belief system in our players so they will know how to win.
- Soccer development is a process that must be approached with age specific skills and concepts. These are the ages

for players to practice their technical skills in an environment that requires them to develop a vision of the game, an ability to read the game, and the skills to create scoring opportunities on the field.

- Building confidence with themselves is a key to success at these ages. The more confident players become, the more creative they will play and the more fun they will have.



## TEAM ACTIVITIES

ASC teams typically have 3-4 activities each week – a combination of training sessions and games. As soon as possible before each season, a schedule will be published on the club’s web site. Every effort will be made to adhere to that schedule throughout the season.

## FEES

The exact fees for a given team will be provided at tryouts, and are determined by a variety of factors (age of the team, number of tournaments, etc.)

A deposit is required at the first team meeting. The balance can be paid in one of three ways:

- Payment-in-full of the total balance
- Quarterly payments, payable either by check or credit card
- 10 monthly payments – this option is only available by credit card